Technical Bulletin

COVID-19 and Air Conditioning Systems



1 CORONAVIRUS COVID-19

The current coronavirus (COVID-19) outbreak is developing rapidly with Government and medical professional advice changing rapidly. This statement is based on the best advice currently available at the time of writing. European National Governments and National Health Systems websites should be consulted for any rapidly developing changes to the situation. This guidance addresses the safe management of common ventilation systems.

2 BACKGROUND

Recent newspaper stories have been widely circulated suggesting that the coronavirus could be spread by air conditioning systems. However, this claim has not been confirmed by public authorities or the scientific community. Whilst there is much that is not yet known about this novel coronavirus, early research published in the Lancet indicated that the primary transmission route is person to person. The transmission of COVID-19 is thought to occur mainly through respiratory droplets generated by coughing and sneezing, and through contact with contaminated surfaces. The predominant modes of transmission are assumed to be droplet and contact.

3 Prevention

The primary mechanisms for preventing the transmission of coronavirus remain regular, thorough handwashing using soap and hot water for at least 20 seconds, coupled with strict adherence to social distancing requirements and staying at home. Dilution of contaminated air will reduce risk from that contamination, so it is recommended whenever possible that any ventilation or air conditioning system that normally runs with a recirculation mode should be set up to run on full fresh air, if that system needs to be running at this time and cannot be shut down. The potential benefit to public health at this time outweighs the reduction in energy efficiency caused by not recirculating air. In all cases a full risk assessment should be carried out.

Any airborne contaminants can be minimised by proper and effective filtration, regular maintenance and, where appropriate cleaning of ventilation systems, as set out in national application regulations and other professional use and maintenance guides existing in the sector.

Questions have been raised in relation to what special measures should be taken at this time when dealing with maintenance tasks, the changing or cleaning of filters, etc.

It is important to emphasise that many measures that should be taken are standard practice and should always be taken, <u>not</u> just during the present pandemic crisis.

Personal Protective Equipment (PPE):

- Correct PPE should always be worn. At this time these will include disposable gloves, a face mask
 of a class which is appropriate to the situation (at least FFP2 or preferably an FFP3 mask), goggles,
 and preferably a disposable coverall suit.
- Face fit testing must be completed before the wearing of any tight fitting RPE. It is important to note that if the RPE type changes due to lack of supplies then further face fit testing must be completed.

General considerations:

- Consider the type of system or area being served:
 - Does it normally work under a negative or positive pressure?
 - Does shutting the fan down create an issue in the area around the maintenance engineer whereby you are potentially drawing foul air towards the engineer or into the duct/equipment when access panels are opened or removed?
 - Can air be drawn through the system while the filter(s) are removed?
- Switch the fans off before opening access panel doors to remove the filters and allow any air flow to cease and an equalization of the pressure to be established. No air should be flowing through the system without the correct filter in place and the operative should not be exposing themselves to any foul air flowing through or towards the system.

Disposable filters (common uses include AHUs, etc.):

- Should be handled, whenever possible, by the cardboard frame and the filter media left untouched. They should be handled with care to avoid the shaking loose of particulate matter in the filter media.
- o The filter(s) should be immediately bagged to contain any particulate which does shake loose.
- The bag(s) should be tied securely before being moved.
- At this time, and if possible, the filter(s) should be left for at least 72 hours before being disposed of in a secure storage area.

• Washable plastic filters (common uses include modern Air Conditioning systems):

- Should be handled, whenever possible, by the frame edges and the filter media left untouched.
 They should be handled with care to avoid the shaking loose of particulate matter in the filter media.
- The filter(s) should be immediately bagged and taken to a secure washing area.
- The filter(s) should be scrubbed in warm, soapy water for a minimum of 20 seconds in line with recommendations for the washing of hands as a preventative measure.
- The filter(s) must be dried before being re-inserted into the equipment.

Personal hygiene:

- Recommended cleaning procedures should always be followed on completion of each stage of the work and before leaving site in relation to hand washing, disposal or storage of coveralls, etc.
 In particular you should not handle clean filters with the same gloves that you removed them with to minimise any risk of cross contamination.
- At all times personnel should refer to national guidance and contact their national association for enquiries. See also AREA Covid-19 library.

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